

VITALITY POOL

**WARM WATER. WATER FEATURES.
HYDROTHERAPY RELAXATION.**

A Vitality Pool is a compact hydrotherapy pool using warm water and multiple water features to relax muscles, stimulate circulation, and provide a mini-hydrotherapy experience in luxury spas where a larger hydrotherapy pool may not be practical.



	TEMPERATURE 34°C to 40°C (93°F to 104°F)
	WATER QUALITY FILTERED / DISINFECTED / CIRCULATED
	EXPERIENCE MASSAGE JETS / SWAN-NECK FOUNTAIN / AIR LOUNGERS / BUBBLING THERAPY
	DEPTH approx. 1.0 m to 1.2 m (3' 3" to 4' 0")
	BENEFITS MUSCLE RELAXATION / CIRCULATION / STRESS RELIEF / HYDROTHERAPY COMFORT

WHAT IS A VITALITY POOL?



A Vitality Pool is a warm-water hydrotherapy pool with multiple built-in water features. It delivers true external hydrotherapy through complete immersion in hot water and may be used as a smaller alternative to a full hydrotherapy pool.

- ✓ Provides a mini-hydrotherapy experience
- ✓ May include jets, air beds and water features
- ✓ Suited to spa relaxation and recovery
- ✓ Ideal where space is limited

HOW DOES A VITALITY POOL WORK?



WARM WATER

Maintains water at 34–40°C to relax muscles, improve circulation and enhance overall wellbeing.



WATER JETS

Targeted massage jets deliver underwater massage to key muscle groups and stimulate circulation.



AIR FEATURES

Air loungers and bubbling zones create gentle full-body stimulation and a relaxing, energising effect.



HYDROTHERAPY

The combined effect of warm water, jets and air delivers true external hydrotherapy through complete immersion.



RELAXATION

Helps reduce muscle tension, ease stress and promote both physical and mental relaxation.

DESIGNING & BUILDING A VITALITY POOL

1



WATER TEMPERATURE & HEATING

- Maintain 34–40°C for optimal comfort
- Dedicated heating system with precise temperature control
- Energy-efficient design

2



SIZE & DEPTH

- Typical depth around 1.0 – 1.2 m
- Compact design for limited spaces
- Allow space for water features and comfortable movement

3



WATER TREATMENT & HYGIENE

- Filtration, disinfection and continuous circulation required
- Water balance and monitoring essential
- Designed for warm water environments

4



HYDROTHERAPY FEATURES

- Massage jets, air loungers, bubbling zones and swan-neck fountains
- Select and position features for effective coverage
- Variable intensity and zone control

5



SAFETY & ACCESS

- Non-slip surfaces and safe step entry
- Handrails and accessible design options
- Clear user guidance and professional supervision considerations

MATERIALS & CONSTRUCTION

	STRUCTURE	Reinforced pool shell with waterproof build-up
	FINISHES	Durable, non-porous finishes (tile, stone or mosaic) suitable for warm water and hydrotherapy use
	SERVICES	Heating, filtration, disinfection, air and water systems with zone control
	SURROUND	Slip-resistant, high-quality flooring and finishes integrated with the spa environment

WELLNESS & ENGINEERING BENEFITS



DELIVERS TRUE HYDROTHERAPY

Warm water and water features provide effective external hydrotherapy through complete immersion.



MUSCLE RELAXATION & RECOVERY

Helps reduce muscle tension, relieves stress and supports recovery.



COMPACT & FLEXIBLE

Provides a high-quality hydrotherapy experience where a full-size pool may not be practical.



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ENGINEERING WELLNESS. DESIGNING EXPERIENCES.



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EXPERT ENGINEERING FOR HYDROTHERMAL WET AREAS – FROM CONCEPT TO COMMISSIONING